



**Are you caring for a child whose parent is incarcerated?**



**Are you looking for new ways to help your child succeed?**



**Have you thought about mentoring?**

**Mentoring benefits both children and families.** Children with an incarcerated parent are a diverse group of children with a shared experience. They can benefit from mentoring in a variety of ways. Many children benefit from an additional adult who can help them with their homework and encourage them in school. Other children may enjoy playing games and sports with their mentor. Often times, mentors can provide an empathetic ear and support as children deal with their parent's incarceration.

When children spend time with mentors, it can open up free time for caregivers or parents. For busy caregivers with work commitments, mentors may provide peace of mind: knowing their child is with a trusted adult for activities and outings. Also, research indicates that children with mentors have better relationships with parents and peers, are less likely to skip school, and are more likely to feel confident about their schoolwork.

### ***What is Caregiver's Choice?***

Caregiver's Choice is designed to connect caregivers and parents with quality mentoring programs. These programs match children who have incarcerated parents with screened and trained adult mentors.

### ***What is special about it?***

Caregiver's Choice makes it possible for many more kids and families to enjoy the benefits of mentoring. This program gives the child's parent or caregiver the opportunity to look at the approved mentoring programs in their area and decide which one is the best fit for them.

### ***How does it work?***

Parents and caregivers can sign up a child by **calling our toll-free number [877-333-2464]** or by **visiting our Web site [www.mentoring.org/caregiverschoice]**.

Once the application is completed, the caregiver will—within about a week—receive a list of approved mentoring programs in their area, and a voucher to take to the program of their choice. That voucher provides a mentoring scholarship for any child who is at least 4 years old and no older than 18, and who has a parent incarcerated in state or federal prison.

***Any questions? Give us a call at 877-333-2464. We'll be glad to help.***