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2	A Woman's Path to Recovery				Reviewed								
	Abecedarian Project	Effective						Favorable					
4	Across Ages				Reviewed			Favorable					Promising
5	Adolescent Community Reinforcement Approach				Reviewed								
	Adolescent Coping with Depression				Reviewed								
7	Adolescent Transitions Program			Effective			Effective		Effective		Exemplary 2		Effective
	Aggression Replacement Training					Promising				Effective			Effective
	Aggressors, Victims & Bystanders: Thinking & Acting to Prevent Violence					Promising							
	AIDS Prevention for Adolescents in School						Effective						
11	Alcohol Skills Training Program						Effective						
	Al's Pals: Kids Making Healthy Choices				Reviewed	Promising		Favorable					Effective
	Alcohol Misuse Prevention Study												Effective
	All Children Excel												Promising
_	All Stars				Reviewed	Promising							Promising
	American Indian (Zuni) Life Skills Development				Reviewed								Effective
	Amity Prison Therapeutic Community	Effective											
	Anger Coping Program			Effective			Effective	Favorable		Effective			
	Assertiveness Training Program									Effective			
20	ATHENA (Athletes Targeting healthy Exercise & Nutrition Alternatives)				Reviewed								
	Athletes Training and Learning to Avoid Steroids (ATLAS)		Promising		Reviewed	Exemplary	Effective	Favorable	Effective				Exemplary

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22	BASICS (Brief Alchohol Screening and Intervention for College Students)		Promising				Effective						Exemplary
	BASIS									Effective			
24	Be A Star												Promising
25	Be Proud! Be Responsible!						Effective						
	Behavioral Couples Therapy for Alcoholism and Drug Abuse				Reviewed								
	Behavioral Monitoring and Reinforcement Program (Formerly Preventive Intervention - Bry)		Promising				Effective	Promising		Effective		Promising 2	
	Bethesda Day Treatment										Promising		
29	Bicultural Competence Skills Approach												Effective
	Big Brothers Big Sisters of America	Effective	Model	Effective			Effective			Effective			Exemplary
	Bigs in School												Effective
32	Bilingual/Bicultural Counseling and Support Services												
	Border Binge Drinking Reduction Program				Reviewed								
	Boston Gun Project												
35	Boys and Girls Club									Effective			Effective
36	Boys and Girls Club Educational Enhancement												Effective
37	Boys and Girls Club Gang Prevention Through Targeted Outreach												Promising
38	Boys and Girls Club Project Learn												Effective
39	Brainpower Program (Attributional Intervention)			Effective									

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	Brief Alchohol Screening and Intervention for College Students (BASICS)		Promising										Exemplary
	Brief Marijuana Dependence Counseling				Reviewed								
	Brief Strategic Family Therapy (BSFT)		Promising				Effective				Exemplary 2		Effective
	Broader Urban Involvement and Leadership Development Program (BUILD)												Promising
44	Build Respect, Stop Bullying				Reviewed								
	Capital and Violent Offender Program (Formerly Capital Offenders Program)												
	CAPSLE							Favorable					
	CARE (Care, Assess, Respond, Empower)				Reviewed								
48	Career Academy	Effective											Effective
49	Career Beginnings												Effective
	Caring School Community (Formerly the Child Development Project)			Effective	Reviewed	Promising	Effective	Favorable	Effective	Effective			Effective
51	Carrera Adolescent Pregnancy Prevention	Effective											
52	CASASTART		Promising		Reviewed	Exemplary	Effective					Promising 1	Effective
53	CAST (Coping and Support Training)				Reviewed								
	CEDEN Family Resource Center										Model		
	Celebrating Families				Reviewed								
	Challenging College Alcohol Abuse				Reviewed								
57	Check and Connect	Effective											

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	Chestnut Health Systems - Bloomington Adolescent Outpatient & Intensive Outpatient TX Model				Reviewed								
59	Chicago Alternative Policing Strategy												Effective
	Chicago Child-Parent Center and Expansion Program (CPC)							Favorable					Effective
61	Child Access Prevention Laws						Effective						
62	Children in the Middle				Reviewed								Promising
63	Children of Divorce Intervention Program			Effective									Effective
64	Children of Divorce Parenting Program			Effective									
	Children's Aid Society - Carrera Program						Effective						
00	Chronic Truancy Program												Promising
67	Class Action				Reviewed								
	Clinician-Based Cognitive												
	Psychoeducational Intervention for Families				Reviewed								
	Club Hero												Promising
	Coca-Cola Valued Youth							_					omionig
70	Program							Favorable					
	Cocaine-Specific Coping Skills Training				Reviewed								
	Cognitive-Behavioral												
	Intervention for Trauma in												Exemplary
	Schools (CBITS)												
	Cognitive Behavioral Social Skills Training				Reviewed								
	Cognitive Behavioral Therapy for Adolescent Depression				Reviewed								

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	Cognitive Behavioral Therapy for Late-Life Depression				Reviewed								
	Comer School Development Program						Effective	Favorable					
77	Communities in Schools (Formerly Cities in Schools)												Promising
	Communities Mobilizing for Change on Alcohol				Reviewed		Effective						Effective
79	Community of Caring					Promising							
	Community Trials Intervention to Reduce High-Risk Drinking (RHRD)				Reviewed		Effective						Effective
	Comprehensive Gang Model (Spergel Model)									Effective			Effective
82	Consistency Management & Cooperative Discipline							Favorable					Effective
83	Coping Cat				Reviewed								
84	Coping Power Program						Effective		Effective				Exemplary
85	Coping With Stress Course			Effective									
86	Coping with Work and Family Stress				Reviewed								
87	Counselors CARE and Coping and Support Training			Effective									
88	Creating Lasting Family Connections				Reviewed	Promising					Model		Effective
	Critical Time Intervention				Reviewed								
90	Customized Employment Supports				Reviewed								
91	DARE (Drug Abuse Resistance Education)	Ineffective											
92	Dare to Be You (DTBY)				Reviewed						Model		Exemplary
93	Detention Diversion Advocacy Program												

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94	Dialectical Behavior Therapy				Reviewed								
95	Double Trouble in Recovery				Reviewed								
	Drinker's Check-Up				Reviewed								
97	Earlscourt Social Skills Group Program			Effective				Favorable					
	Early Risers Skills for Success Program				Reviewed		Effective		Effective				Exemplary
	East Texas Experiential Learning Center												Promising
100	Effective Black Parenting										Model		
	Eight Percent Program												
102	Emergency Room Intervention for Adolescent Females				Reviewed								
	Enforcement of the Law Against Tobacco Sales to Minors in Harlem						Effective						
104	Enterprise Zones									Effective			
	Extended-Service Schools Initiative												Promising
	Facing History and Ourselves					Promising							Promising
107	Families and Schools Together (FAST)										Model		Exemplary
108	Families in Action												Effective
109	Family Behavior Therapy				Reviewed								
	Family Bereavement Program			Effective									
111	Family Effectiveness Training (FET)												Promising
	Family Health Promotion												Promising
113	Family Matters				Reviewed		Effective						Exemplary
	Fast ForWord	Ineffective											
	FAST Track		Promising	Effective				Promising	Effective			Promising 2	Exemplary
116	First Step to Success			Effective			Effective	Favorable					Effective

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117	Focus on Families								Effective		Model		Exemplary
118	Forever Free				Reviewed								
	Friends Care				Reviewed								
	Functional Adaptation Skills Training (FAST)				Reviewed								
	Functional Family Therapy (FFT)		Model				Effective				Exemplary 1	Model 1	Exemplary
122	Gang Resistance Education and Training (G.R.E.A.T.)												Effective
	Gang Resistance Is Paramount (GRIP)												Promising
124	Gentreaux Program									Effective			
125	Get Real About AIDS						Effective						
126	Get Real About Violence												Promising
	Girls' Inc. Friendly PEERsuasion												Effective
	Girls' Inc. Preventing Adolescent Pregnancy												Promising
129	Good Behavior Game	Effective	Promising	Effective				Promising	Effective			Promising 2	Exemplary
130	Great Body Shop												Promising
	Group Cognitive Behavioral Therapy	Effective											
132	Growing Healthy					Promising							Effective
	Guiding Good Choices (Formerly Preparing for the Drug Free Years)		Promising		Reviewed	Promising	Effective	Promising	Effective		Exemplary 1	Promising 2	Exemplary
	Hardcore Gang Investigations Unit - LA County D.A.												Effective
135	Hawaii Healthy Start	Ineffective											
	Head Start												Promising
137	HeadOn: Substance Abuse Prevention for Grades 6-8												Effective
	Healthy Families America										Model		Effective
139	Healthy Workplace				Reviewed								

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	Helping the Noncompliant Child										Exemplary 1		Promising
	Home Instruction Program for Preschool Youngsters (HIPPY)										Model		
142	HOMEBUILDERS										Model		Promising
	Houston Parent-Child Development Center							Promising		Effective		Promising 2	Exemplary
	I Can Problem Solve: Raising a Thinking Child (Formerly Interpersonal Cognitive Problem Solving)		Promising	Effective		Promising		Promising			Exemplary 2	Promising 2	Effective
	IMPACT (Improving Mood- Promoting Access to Collaborative Treatment)				Reviewed								
	Improving Social Awareness- Social Problem Solving			Effective				Favorable					
147	Incredible Years		Model		Reviewed		Effective	Exemplary		Effective	Exemplary 1	Promising 2	Exemplary
	Independence Youth Court (IYC)												Promising
149	Intensive Protective Supervision Project (IPSP)											Promising 1	
150	Intervention Campaign Against Bully-Victim Problems			Effective									
	Job Corps						Effective			Effective			Effective
	Kansas City Gun Experiment												Effective
	Keep A Clear Mind				Reviewed								Effective
154	keepin' it REAL (Refuse, Explain, Avoid, Leave)				Reviewed								Exemplary
155	Kentucky Adolescent Tobacco Prevention Proj.												Promising
	Know Your Body							Favorable					Promising
157	Last Chance Ranch												

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158	Let Each One Teach One Mentor Program					Promising							Promising
	Life Skills Training (LST)	Effective	Model			Exemplary	Effective	Exemplary	Effective	Effective		Model 2	Exemplary
	Linking the Interests of Families and Teachers (LIFT)		Promising	Effective		Promising		Promising				Promising 2	Exemplary
	Lions-Quest Skills for Adolescence				Reviewed	Promising			Effective				Effective
162	Lions-Quest Working Toward Peace					Promising	Effective						Promising
163	Living in Balance				Reviewed								
164	Make Parenting a Pleasure										Promising		
	Mass Media Smoking							Favorable					
	Prevention Program Matrix Model				Daviewed								
	MELD				Reviewed						84 - 1-1		
											Model		
	Message Framing												
	Michigan Model for Comprehensive School Health Education					Promising		Favorable					Promising
170	Midwestern Prevention Project (Project STAR)		Model			Promising		Exemplary	Effective			Model 2	Effective
	Minnesota Smoking Prevention Program					Promising							Promising
	Modified Therapeutic Community for Persons w/CoOccurring Disorders				Reviewed								
173	Moral Reconation Therapy				Reviewed								
	Motivational Enhancement Therapy				Reviewed								
	Motivational Interviewing				Reviewed								
4.7.5	Movimiento Ascendencia												Promising
	(Upward Movement)												
	Multidimensional Family Therapy (MDFT)						Effective				Exemplary 2		Effective

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	Multidimensional Treatment Foster Care -OSLC	Effective	Model			Exemplary					Exemplary 1	Model 1	Exemplary
	Multimodal Substance Abuse Prevention												Promising
180	Multisystemic Therapy (MST)	Effective	Model		Reviewed						Exemplary 1	Model 1	Exemplary
	Native American Prevention Project Against AIDS/Substance Abuse (NAPPASA)												Promising
182	Network Therapy				Reviewed								
183	New Beginnings				Reviewed								
184	New York City Voucher Experiment	Small/no Effect			Reviewed								
185	New York University Caregiver Intervention												
	NICASA Parent Project										Model		
	North Karelia							Favorable					
188	N-O-T on Tobacco				Reviewed								Effective
	Nurse-Family Partnership (Formerly Prenatal and Infancy Home Visitation by Nurses)	Effective	Model				Effective			Effective	Exemplary 2	Model 1	Exemplary
190	Nurturing Parenting Program										Model		Promising
	Nurturing Program for Families in Substance Abuse Treatment and Recovery										Promising		
192	Oakland Best Health Prog.												Promising
193	Olweus Bullying Prevention Program (BPP)		Model				Effective	Exemplary		Effective		Promising 2	Effective
	Open Circle Curriculum					Promising		Favorable					Promising
195	Operation Ceasefire												Promising

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	Parent Child Development Center (see Houston PCDC)												Exemplary
	Parent-Child Assistance Program (P-CAP)												Effective
	Parent-Child Home Program						Effective						
199	Parent-Child Interaction Training											Promising 2	
	Parenting Partnership												Promising
201	Parenting Through Change				Reviewed								
	Parenting Wisely				Reviewed		Effective				Exemplary 2		Promising
	Parenting With Love and												Exemplary
	Limits										D		
	Parents Anonymous										Promising		D
	Parents as Teachers										Model		Promising
	Parents Who Care										Model		
207	Participate and Learn Skills (PALS)									Effective			
	Partnership for Health												
	Pathways Housing First				Reviewed								
	Peace Works				1107101100								Promising
	PeaceBuilders					Promising		Favorable					Exemplary
	Peaceful Conflict Resolution and Violence Prevention Curriculum							Favorable					_nemplairy
	Peacemakers Program (Grades 4-8)					Promising							Effective
214	Peer Coping Skills Training			Effective				Favorable					
215	Peers Making Peace				-	Promising							Promising
	Penn Prevention Program			Effective									
217	Penn Resilience Training for College Students				Reviewed								
	Perry Preschool Program/High Scope	Effective	Promising				Effective	Promising		Effective		Promising 1	Exemplary

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	Philadelphia Youth Violence Reduction Partnership												Promising
220	Phoenix Academy				Reviewed								
221	Positive Action				Reviewed	Promising	Effective	Favorable					Effective
	Positive Youth Development Program			Effective				Favorable		Effective			
	Preventing School Vandalism and Disruptive Behavior							Favorable		Effective			
	Prevention & Relationship Enhancement Program				Reviewed								
	Preventive Alcohol Education Program												Promising
	Preventive Treatment Program (Montreal Longitudinal Experimental Study)		Promising	Effective				Promising		Effective		Promising 1	Exemplary
	Primary Project (Formerly the Primary Mental Health Project)			Effective	Reviewed	Promising							Promising
	Prize Incentives Contingency Management for Substance Abuse				Reviewed								
	Program Development Evaluation (PDE) Method									Effective			
	Program of All-Inclusive Care for the Elderly (PACE)				Reviewed								
	Program to Encourage Active, Rewarding Lives for Seniors (PEARLS)				Reviewed								
232	Project ACHIEVE												Promising
233	Project ALERT		Promising		Reviewed	Exemplary	Effective	Favorable	Effective	Effective			Exemplary
	Project ALERT Plus								Effective				
	Project Care							Favorable		Effective			
236	Project Chrysalis												Promising

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237	Project EX				Reviewed								Effective
238	Project Link												Effective
239	Project Northland		Promising		Reviewed	Exemplary	Effective	Promising					Exemplary
240	Project PACE												Promising
241	PATHE (Positive Action Through Holistic Education)												Promising
242	Project Prince									Effective			
243	Project RAISE									Effective			
244	Project SEEK										Model		
245	Project SHOUT (Students Helping Others Understand Tobacco)						Effective						
	Project SUCCESS				Reviewed								
	Project Toward No Drug Abuse (Project TND)		Model		Reviewed		Effective		Effective				Exemplary
248	Project Towards No Tobacco Use (TNT)				Reviewed	Exemplary							Exemplary
249	Project Venture				Reviewed								
	Prolonged Exposure Therapy for Posttraumatic Stress Disorders				Reviewed								Exemplary
	Promoting Action Through Holistic Education (Project PATHE)		Promising					Promising		Effective			
	Promoting Alternative THinking Strategies (PATHS)		Model	Effective	Reviewed	Promising	Effective	Exemplary	Effective	Effective		Promising 2	Exemplary
	PROSPECT (Prevention of Suicide in Primary Care Elderly:Collaborative Trial)	_			Reviewed								
	Protecting You/Protecting Me				Reviewed								Effective
	Psychoeducational Multifamily Groups				Reviewed								

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	Quantum Opportunities Program (QOP)							Exemplary				Promising 2	
257	Queensland Early Intervention and Prevention of Anxiety Project			Effective									
-	Real Life Heroes				Reviewed								
	Reconnecting Youth							Favorable	Effective				
	Reducing the Risk						Effective						
	Reinforcement-Based Therapeutic Workplace				Reviewed								
	Residential Student Assistance Program												Effective
	Resolving Conflict Creatively Program												Effective
264	Resources for Enhancing Alzheimer's Caregiver Health II (REACH II)				Reviewed								
	Responding in Peaceful and Positive Ways (RIPP)			Effective	Reviewed	Promising	Effective						Exemplary
	Responsive Classroom												Promising
	Richmond (CA) Comprehensive Homicide Initiative												Effective
	Right Decisions, Right Now: Be Tobacco Free				Reviewed								
	Rural Education Achievement Project												Promising
	Safe Dates				Reviewed		Effective	Favorable					Exemplary
	Safer Choices						Effective						. ,
	San Diego County Breaking Cycles												Effective
	Saving Lives												Promising
	Say It Straight (SIS)					Promising							Promising
	SCARE Program					Promising							Promising
	School Safety Program							Favorable		Effective			
	School Transitional Environment Program (STEP)			Effective			Effective	Promising		Effective		Promising 1	Effective

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278	School Violence Prevention Demonstration Program												Effective
279	School-based Smoking Prevention Program							Favorable					
	Schools and Families Education Children (SAFE Children)				Reviewed		Effective						Effective
281	Seattle Social Development Project (Formerly SOAR)		Promising	Effective		Promising		Promising	Effective	Effective		Model 1	Effective
282	Second Step: A Violence Prevention Curriculum			Effective	Reviewed	Exemplary	Effective						Effective
	Seeking Safety				Reviewed								
	Sembrando Salud												Effective
	SISTERS												Promising
	SMART (Start Making a Reader Today)	Effective											
287	SMART Leaders (Booster program for Boys and Girls Clubs of America's Stay SMART & SMART Moves)												Effective
	SMART Team (Students Managing Anger and Resolution Together)				Reviewed	Promising							Effective
289	Social Competence Promotion Program for Young Adolescents (SCPP-YA)												Effective
290	Social Decision-Making & Problem Solving					Promising							Promising
	Social Relations Program			Effective									
292	Socio-moral Reasoning Development Program							Favorable					
	SOS: Signs of Suicide				Reviewed								Promising
294	Spit Tobacco Intervention												Effective

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	Start Taking Alcohol Risks Seriously (STARS) for Families				Reviewed		Effective						Effective
296	Starting Early Starting Smart (SESS)						Effective						
	Staying Connected with your Teen												Effective
298	Stopping Teenage Addiction to Tobacco (STAT)												Effective
299	Strengthening Families Program				Reviewed				Effective		Exemplary 1		Exemplary
300	Strengthening Families Program for Parents and Youth 10-14 (Formerly Iowa Strengthening Families Program)		Promising		Reviewed	Exemplary	Effective	Promising	Effective		Exemplary 2	Promising 2	Exemplary
301	Strengthening Hawaii Families										Model		
	Strengthening Multi-Ethnic Families and Communities Program										Promising		
	Strengthening the Bonds of Chicano Youth and Families												Promising
304	Stress Innoculation Training I			Effective									
	Stress Innoculation Training II			Effective									
306	Strong African American Families (SAAF) Program		Promising										
	Structured Playground Activities						Effective						
	Student Training Through Urban Strategies (STATUS)							Promising		Effective			
	Success for All	Effective	_					Favorable					Effective
310	Success in Stages				Reviewed								Effective
311	Suicide Prevention Program I			Effective									

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312	Suicide Prevention Program II			Effective									
313	Supporting Adolescents with Guidance and Employment (SAGE)												Promising
	Supportive-Expressive Psychotherapy				Reviewed								
	Syracuse Family Development Research Program (FDRP)							Promising		Effective		Promising 1	Effective
316	Teaching Students to be Peacemakers												Promising
317	Team Awareness				Reviewed								
318	Teams-Game-Tournament Alcohol Prevention												Effective
319	Teen Intervene				Reviewed								
	Teen Outreach Program						Effective						Effective
321	TeenScreen				Reviewed								
	Teenage Health Teaching Modules					Promising	Effective						Promising
323	Teens Linked to Care						Effective						
324	Think Time Strategy					Promising							
325	Too Good For Drugs (TGFD)				Reviewed								Promising
326	Too Good For Violence (TGFV)				Reviewed								Exemplary
	Transtheoretical Model (TTM)- Based Stress Management Program				Reviewed								
328	Trauma Affect Regulation: Guide for Education and Therapy (TARGET)				Reviewed								

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	Trauma Focused Cognitive Behavioral Therapy (TF-CBT) (Formerly Cognitive Behavioral Therapy for Child and Adolescent Traumatic Stress)												Exemplary
330	Trauma Recovery and Empowement Model				Reviewed								
	21st Century Community Learning Centers	No Effects/ Adverse Effects											
	Tri-Agency Resource Gang Enforcement Team (TARGET)												Effective
333	TRIBES												Promising
334	Triple PPositive Parenting Program				Reviewed								
335	Truant Recovery Program												Promising
	Tutoring w/Lindamood Phonemic Sequencing Reading Curriculum	Effective											
	Twelve Step Facilitation Therapy				Reviewed								
	United States Air Force Suicide Prevention Prog.				Reviewed								
339	Urban Improv												Promising
340	Urban Woman Against Substance Abuse (UWASA)												Promising
341	Violence Prevention Curriculum for Adolescents												Promising
342	Violent Juvenile Offender Program												
343	Washington (DC) Community Violence Prevention Program									Effective			

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344	Weed and Seed												Promising
	Woodrock Youth												Promising
	Development Project												
346	Wraparound Milwaukee												Promising
347	Yale Child Welfare Project							Promising		Effective		Promising 2	
348													
	(1) Coalition for Evidence-Based Poli	•											
350	Programs are categorized as Effe	ective, Ineffectiv	e, or No Effects	/Adverse (refer to	www.evidencebas	edprograms.org)							
	(2) Blueprints for Violence Prevention												
352	Programs are divided into <i>Model</i>		•		• •								
	(3) Center for Mental Health Services	•					notion of Human Devel	opment:					
354	Programs are divided into Effecti				•	_, , ,							
356													
357	(5) Department of Education: Safe and Drug Free Schools: Programs are divided into Examplany and Promising (refer to young education) (Algorical bits)												
358	Programs are divided into Exemplary and Promising (refer to www.ed.gov/admins/lead/safety/exemplary01/panel.html) (6) Communities that Care: Communities That Care® Prevention Strategies Guide (2004).												
	* /			• ,									
360	Programs are categorized as Effe												
361	(7) Mihalic, Aultman-Bettridge (2004) Programs are divided into Exemp					al Crima and Daliain	a Englaward Cliffa N	lı Drantina Halla	2004)				
362	(8) National Institute of Drug Abuse: F			,			• •		· · · · · · · · · · · · · · · · · · ·	(2002)			
364	Programs are categorized as <i>Effe</i>					sea Guide for Parer	its, Educators, and Cor	ninumity Leaders	s, Secona Edition	/(2003).			
365	(9) Sherman et al. (1997): Preventing					landand Department	of Criminology and Cr	iminal lustice (N	JC I 165366)				
366	Programs are categorized as <i>Effe</i>				ig. Offiversity of IV	aryiana Department	or orininology and or	iiiiiai ousiice. (I	100000).				
	(10) Strengthening America's Familie	,		/									
368	Programs are divided into Exemp		ary 2, Model and	Promisina (refer	to www.strenathe	ningfamilies.org)							
369	(11) Youth Violence: A Report of the		-			5 22 22							
370	Programs are divided into <i>Model</i>			e Prevention; Le	vel 2-Risk Preve	ntion (refer to www.s	surgeongeneral.gov/lib	ary/youthviolend	ce/default.htm)				
371	(12) OJJDP Model Programs Guide (
372	Programs are divided into Exemp					· · · · · · · · · · · · · · · · · · ·							
373	<u> </u>		<u>_</u>										
-	For More Information:												
375	Sharon Mihalic, Blueprints Direct	or											
	Blueprints for Violence Preventio												
377	Center for the Study and Prevent	ion of Violence)										

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378	University of Colorado at Boulde	r											
379	1877 Broadway, Suite 601												
380	Boulder, CO 80302												
381	Phone: (303) 492-1032 Fax: (3	303) 443-3297											
382	E-mail: blueprints@colorado.edu												
383	www.colorado.edu/cspv/bl	lueprints											